



MILK & CRADLE

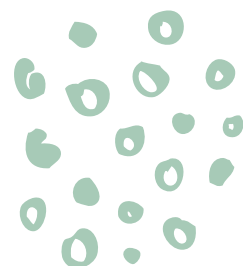
*Maternal Wellness  
Services*

## NEWSLETTER: JULY 2023

Now accepting Fall 2023  
postpartum support requests!  
Availability is filling quickly, don't  
wait. [Fill out an interest form](#) to  
get started.



I completed in-person training with  
[Shafia Monroe, DEM, CDT, MPH](#) of  
[SMC Doula](#)! Stay tuned to learn  
more about what a Full Circle  
Doula is and when I will be  
accepting private full circle clients.



## WORLD BREASTFEEDING WEEK PARTY IS HAPPENING NEXT MONTH!

You do not want to miss this opportunity to be in community,  
celebrating human milk feeding and possibly winning big prizes!  
Learn more about the August 5 WBW Party over on [Flow Lactation's](#)  
site and register to attend while you're there!